

**PLEASE MEET YOUR MP TO LOBBY
AGAINST DIY ABORTION
AND ASSISTED SUICIDE**

**SPUC - THE SOCIETY FOR
THE PROTECTION OF
UNBORN CHILDREN -**

is holding a **MASS LOBBY OF MPS
ON FRIDAY 16 JULY OR
SATURDAY 17 JULY 2021.**

We are asking pro-life supporters up and down the country to organise a meeting with their MP, at the MP's constituency office, on one of these dates. The DIY abortion policy is still in place, and there is a renewed threat of assisted suicide being legalised.

Please ask your MP to lobby the Health Secretary to **end DIY abortion**. Please ask your MP to **vote against assisted suicide**.

SPUC has produced dedicated briefings to help you lobby your MP.

Please go to

[www.spuc.org.uk/
MassLobby2021](http://www.spuc.org.uk/MassLobby2021)

Thank you.



PRAYER TO ST JOSEPH:

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary.

To you God entrusted His only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, *show yourself a father and guide us in the path of life.*

Obtain for us grace, mercy, and courage, and defend us from every evil. Amen.

My God, I believe, I adore, I hope and I love You, and I beg pardon of You for those who do not believe, do not adore, do not hope and do not love You. Amen.

SECOND PRAYER OF THE ANGEL OF FATIMA

HOLY TRINITY, FATHER, SON AND HOLY SPIRIT, I adore You profoundly, and I offer you **THE MOST PRECIOUS BODY, BLOOD, SOUL AND DIVINITY OF JESUS CHRIST, PRESENT IN ALL THE TABERNACLES** of the world, in reparation for the outrages, sacrileges and indifference with which He Himself is offended. And through the infinite merits of **HIS MOST SACRED HEART**, and **THE IMMACULATE HEART OF MARY**, I beg of You the conversion of the poor sinners. Amen.

+ JESUS, MARY AND JOSEPH +

ST MARY OF THE CRAYS NEWSLETTER SUPPLEMENT
FIFTEENTH SUNDAY OF ORDINARY TIME (B) - 11th July 2021
In the Year of St Joseph: 8th Dec. 2020 - 8th Dec. 2021

SAINT JOSEPH:

Comfort of the Afflicted: Pray for us! Patron of the Dying: Pray for us!
Hope of the Sick: Pray for us! Terror of Demons: Pray for us!

MARK 6:12-13

"So they set off to preach repentance; and they cast out many devils, and THEY ANOINTED MANY SICK PEOPLE WITH OIL and cured them."



With this text we see the beginnings of the **Sacrament of Anointing the Sick**, which used to be called "Extreme Unction" and was only administered when one was dying. Now the Sacrament may also be administered by a priest during a time of extreme sickness:

"Through the Apostle James, He, *Jesus*, has commanded us: "Are there any who are sick among you? Let them send for the priests of the Church, and let the priests pray over them, anointing them with oil in the name of the Lord; and the prayer of faith will save the sick persons, and the Lord will raise them up; and if they have committed any sins, their sins will be forgiven them." (James 5: 14 - 15).

Who may receive this Sacrament?

Those who are seriously impaired by sickness or old age:
- before surgery whenever a serious illness is the reason for the surgery (especially under general anaesthetics);
- elderly people may be anointed if they become notably weakened even if no serious illness is present;
- sick children may be anointed if they have sufficient use of reason to be strengthened by this sacrament.



Anointing of the sick

With the prayer of Faith, the laying on of hands on the head, and then the Anointing with the Oil of the Sick (Oleum Infirmorum) on the Forehead:

**"THROUGH THIS HOLY ANOINTING
MAY THE LORD IN HIS LOVE AND MERCY
HELP YOU WITH THE GRACE OF
THE HOLY SPIRIT."**

and then with the Anointing on the Hands:
**"MAY THE LORD WHO FREES YOU FROM SIN
SAVE YOU AND RAISE YOU UP."**

(From the Ritual)



St Benedict of Nursia

c. A. D.: 480 - c. A.D.: 550, 21 March
Present feast is **11th July**,
The Translation of his body.

Born in Nursia, studied in Rome, became a hermit in Subiaco, before finishing his studies, so saddened was he at how life in Rome was filled with debauchery, sexual misconduct and pursuit of wealth and pleasure. (Remember, the Roman Empire had adopted Christianity in A.D.: 313 under Constantine., and in the West, Rome fell about A. D.: 480).

He was joined by others, and eventually a form of Monasticism was developed among them. Benedict was their Leader and Father ('Abba' - Abbot). In Monte Cassino he wrote a rule of life: **the Rule of St Benedict**, as an instruction about how to live a Christian life of love based upon regular daily **prayer and hard work**, including study and copying of books:

"Ora et Labora". It is still the Rule for Benedictine Monasteries to this day, and a good model for every Christian family and household to use to have regular schedules times for prayer and work within the Home, Work, School and Parish Family.

The Monasteries became the heart of local communities, and towns. How many town / city names end in: **'-minster'?**

They became centres of learning, book production, libraries and schools, places of **hospitality**, and then **hospitals**, and centres of social care for the poor and agricultural development.

They continued the Jewish and early Christian structures and times of prayer in common - **SEVEN TIMES A DAY**: morning, noon, evening, night time in worshipping God, for the salvation of their own souls and that of the whole world, through the **"Opus Dei"** - the **work of God**.

Could we not rediscover and adopt some of this structure and pray:

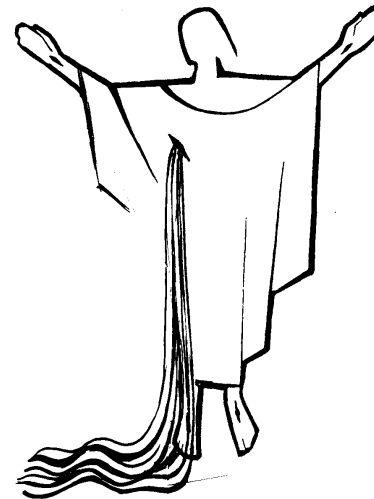
- as we rise in the morning with a morning offering;
- in giving thanks before eating each and every meal, snack or drink throughout the day;
- at noon;
- in the afternoon (at 3:00pm to remember the death of Jesus on the Cross);
- at 6:00 in the evening;
- and before bed with a review of the day and act of contrition?

It has been said that our devout Muslim neighbours pray 5 times a day - could that be one reason why they are gaining converts and growing in numbers?

FRONT OF THE MEDAL (see above)
Above the chalice and the raven in the centre, on either side of Saint Benedict: **Crux Sancti Patris Benedicti** (Cross of the Holy Father Benedict)
Words around the perimeter of the medal:
Ejus in obitu n(ost)ro praesentia muniamur (May we at our death be fortified by his presence)
BACK OF THE MEDAL: Initials on the cross in the centre:
C. S. S. M. L. - N. D. S. M. D.: **Crux Sacra Sit Mihi Lux** (The Holy Cross be my light)
Non Draco Sit Mihi Dux (Let not the dragon be my guide)
Circles by the four corners of the cross:
C S P B: **Crux Sancti Patris Benedicti** (Cross of the Holy Father Benedict)
Initials around the perimeter:
V R S N S M V - S M Q L I V B : **Vade Retro Satana,**
/ Nunquam Suade Mihi Vana - Sunt Mala Quae Libas,
/ Ipse Venena Bibas (Step back, Satan,
/ do not suggest to me thy vanities / - evil are the things thou profferest, / drink thou thy own poison)
And at the top: **PAX - (PEACE)**

JULY IS THE MONTH OF THE MOST PRECIOUS BLOOD OF JESUS:

Come, and be washed clean in the Blood of the Lamb of God and received Healing in the Sacrament of Penance, Pardon & Peace (Confession) .



From His pierced side came Blood and Water - the Seven Sacraments of His Church: Baptism; Confirmation; Holy Communion; Penance (Confession); Anointing of the Sick; Holy Matrimony (Marriage) and Holy Orders (Bishops, Priest and Deacons).

THE SUMMER HOLIDAYS (HOLY-DAYS?) ARE COMING SOON:

And, as we are reading **through the Holy Gospel according to St Mark**, we will begin a season of reading through **the Holy Gospel according to St JOHN, CHAPTER 6 - specifically!**

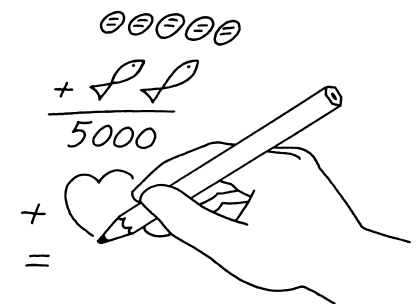
From Week 17 (**Sunday 25th July 2021**) we begin the huge Eucharistic Chapter with the miraculous feeding of the **Five Thousand with five barley loaves and two fish ...**

With this the Lord will instruct us for five consecutive weeks until the 21st Week (**Sunday 22nd August 2021**) about

"What" and "Who" we receive in Holy Communion, and "Why" we should and must ...

Please:

TAKE AND READ - TAKE AND READ!!



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