

## THE ANGELUS:

**V/:** “The Angel of the Lord  
declared unto Mary;

**R/:** **And she conceived  
by the Holy Spirit.**

**ALL:** *Hail Mary, full of grace,*

**V/:** Behold the handmaid  
of the Lord;

**R/:** **Be it done unto me,  
according to thy word.**

**ALL:** *Hail Mary, ...*

*(Please, if you can, try to kneel, or genuflect,  
or bow deeply for the following verse...)*

**V/:** And the Word was made Flesh;

**R/:** **And dwelt amongst us.**

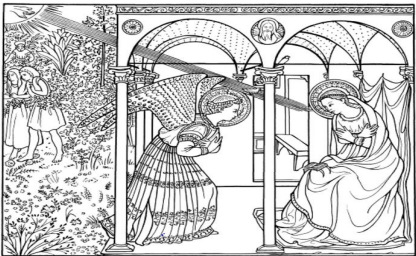
**ALL:** *Hail Mary, ...*

**V/:** Pray for us O Holy Mother of God,  
**R/:** **That we may be made worthy of  
the promises of Christ.**

Let us pray:

**Pour forth, we beseech You,  
O Lord, Your grace into our hearts;  
that we, to whom  
the Incarnation of Christ,  
Your Son, was made known  
by the message of an angel,  
may by His Passion  
and + Cross be brought  
to the glory of His Resurrection.  
Through the same  
Christ our Lord. Amen.”**

*The Angelus is said **THREE TIMES** a Day  
at 6.00 in the morning, at  
12 noon and at 6.00 in the evening.*



## THE SEVEN SACRAMENTS:

*“...to proclaim liberty to captives,  
and to the blind new sight,  
to set the downtrodden free ...”*

**THE SACRAMENT OF  
RECONCILIATION OR PENANCE  
(CONFESSION):**

*By which sins after Baptism are forgiven*

The Fruits of this Sacrament are:

- Reconciliation with God: the penitent recovers Sanctifying Grace.
- Reconciliation with the Church.
- Remission of the eternal punishment incurred by mortal sins.
- Remission, at least in part, of temporal punishments Resulting from sin.
- Peace and serenity of conscience, and spiritual consolation.”

**ALMA REDEMPTORIS MATER,**  
Quae pervia caeli porta manes,  
et stella maris, succurre cadenti,  
surgere qui curat, populo:  
tu quae genuisti, natura miran-  
te, tuum sanctum Genitorem,  
Virgo prius ac posterius,  
Gabrielis ab ore sumens illud  
“Ave”, peccatorum miserere.

**MOTHER OF CHRIST!**  
Hear thou thy people’s cry,  
Star of the deep,  
and portal of the sky!  
Mother of Him who thee  
from nothing made,  
sinking we strive,  
and call to thee for aid:  
Oh, by that joy which Gabriel  
brought to thee,  
Thou Virgin, first and last,  
let us thy mercy see.

## + JESUS, MARY AND JOSEPH +

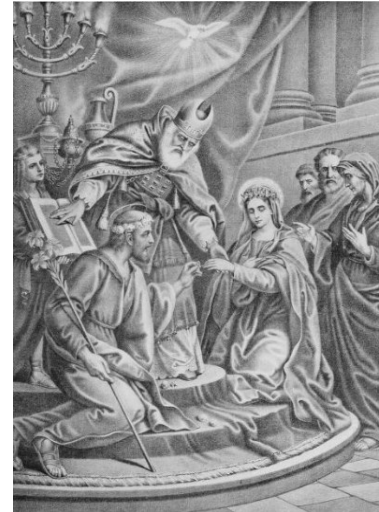
23rd January 2022 - THE THIRD SUNDAY OF ORDINARY TIME (YEAR C)

### THE ESPOUSAL OF THE BLESSED VIRGIN MARY AND JOSEPH:

**23rd January  
in the Old Calendar:**

“When Mary arrived at the age when it was the custom for Jewish maidens to leave the service of the Temple, the High Priest told her that a husband would be chosen for her. But Mary had already made a vow of virginity to God and God did not fail to fulfil the desires of His handmaid. She found on being espoused, that Joseph her spouse had, like her, made a vow of chastity, and that she could therefore dwell with him in perfect security.”

*See also: “CONSECRATION TO ST JOSEPH,  
THE WONDERS OF OUR SPIRITUAL FATHER”  
by Fr Donald H. Calloway MIC  
pages 125 - 127 WONDER 4  
THE VIRGINAL FATHER OF JESUS  
The Feast of the Holy Spouses*



*Mary and Joseph were married  
at the time of the Annunciation!*

### THE CHANGEABLE RESPONSES AT HOLY MASS THIS WEEKEND:

#### Entrance Antiphon:

*Cf. Psalm 95: 1, 6.*

O sing an new song to the Lord;  
sing to the Lord, all the earth.  
In His Presence are majesty and  
splendour, strength and honour  
in His holy place.!

**Responsorial Psalm: Psalm 18**  
**R/:** (cf. John 6:63c)

#### Response:

Your words are spirit, Lord,  
and they are life..

#### Gospel Acclamation:

**ALLELUIA, ALLELUIA!**  
The Lord has sent Me  
to bring the good news to the poor,  
to proclaim liberty to captives.  
**ALLELUIA!**

#### The Mystery of Faith:

SAVE US,  
SAVIOUR OF THE WORLD,  
FOR BY YOUR CROSS  
AND RESURRECTION,  
YOU HAVE SET US FREE!

#### Communion Antiphon:

*Cf. Psalm 33:6*

Look toward the Lord  
and be radiant;  
let your faces not be abashed.

#### Or:

*John 8:12*

I am the Light of the world,  
says the Lord; whoever follows Me  
will not walk in darkness,  
but will have the light of life.

**7 POWERFUL MESSAGES FROM  
OUR LADY OF FATIMA:  
"THE GRACE OF GOD  
WILL BE YOUR COMFORT"**

**13th May is the feast of  
Our Lady of Fatima.**

She is a powerful intercessor and model, especially in a time where sins of the flesh and sins against humanity dominate the culture.

Our Lady of Fatima appeared six times to the three shepherd children (Lucia, Jacinta and Francisco) from May 13, 2017 – Oct. 13, 1917.

Throughout her apparitions, she stressed **prayer, fasting and sacrifice to obtain peace for the world and the conversion of sinners. She particularly encouraged daily devotion to the rosary.**

Here's seven powerful quotes from Our Lady of Fatima's Apparitions:

**1) Our Lady: "Do you wish to offer yourselves to God to endure all the sufferings that He may be pleased to send you, as both an act of reparation for the sins with which He is offended and an act of supplication for the conversion of sinners?"**

Lucia: Yes, we do.

**Our Lady: Well then, you will have much to suffer. But the grace of God will be your comfort.**

([First Apparition](#) of Our Lady of Fatima – May 13, 1917)

**2) 'Pray the rosary every day to obtain peace for the world and the end of the war.'** ([First Apparition](#) of Our Lady of Fatima – May 13, 1917)

**3) "[Jesus] wishes to establish devotion to my Immaculate Heart in the world. I promise salvation to those who embrace it; and these souls will be beloved of God like flowers arranged by me to adorn**

**His throne."** ([Second Apparition](#) of Our Lady of Fatima – June 13, 1917)

**4) "...Pray the Rosary every day in honour of Our Lady of the Rosary, in order to obtain peace for the world and the end of the war, for she alone can be of any avail."** ([Third Apparition](#) of Our Lady of Fatima – July 13, 1917)

**5) "Sacrifice yourselves for sinners and say many times, especially when you make a sacrifice, 'O Jesus, this is for love of Thee, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary.'"** ([Third Apparition](#) of Our Lady of Fatima – July 13, 1917)

**6) "Pray, pray much, and sacrifice for sinners, for many souls go to hell because there is no one to sacrifice and pray for them."** ([Fourth Apparition](#) of Our Lady of Fatima – August 19, 1917)

**7) "I wish to tell you that I want a chapel built here in my honour. I am the Lady of the Rosary. Continue to pray the rosary every day. The war is going to end, and the soldiers will soon return to their homes."**

Lucia: I have many things to ask you: if you would cure some sick persons, and if you would convert some sinners...

**Our Lady: "Some yes, others no. They must amend their lives and ask forgiveness for their sins."**

Becoming sadder, she added, "Let them offend Our Lord no more for He is already much offended."

([Sixth and Last Apparition](#) of Our Lady of Fatima – October 13, 1917)

**OUR LADY OF FATIMA, PRAY FOR US!  
From ChurchPOP 13th May 2019**



**Fatima 1916:**  
The Angel of Portugal appeared three times to the three little children and taught them some prayers. The third time he gave them Holy Communion.

**From the 13th May 1917** Our Lady appeared to them and invited them to pray, do penance and offer sacrifices to save sinners from hell. She showed them hell on 13th July.

**On 13th October** there was a the famous, well recorded **Miracle of the Sun**, witnessed by 70,000 people who repented of their sins thinking they were going to die.

*Our Lady continued to appear to Lucia, with the Christ Child in 1925, Our Lord Himself in 1927, and again 1929.*



**Epiphany-tide is a time for blessing homes and other buildings by marking the lintels of the doorways with blessed chalk. The traditional marking commemorates the three Magi (traditionally named: Caspar, Melchior and Balthasar) and gives the calendar year already recently begun. The markings for this year are:**

**"20 + C + M + B + 22"**

*(the three initials of the Magi's names between the number of the year, separated by four crosses).*

**The letters could also stand for a Latin blessing:**

**CHRISTUS, MANSIONEM BENDICAT  
in English:  
MAY CHRIST BLESS THE HOUSE.**

**A PRAYER AT NIGHT-TIME  
FOR PROTECTION AND BLESSING:**

Visit this house, we pray You Lord: Drive far away from it all the snares of the enemy.

May Your holy angels stay here and guard us in peace, and let Your blessing be always upon us.

Through Christ our Lord. **AMEN.**

May the Lord grant us a quiet night and a perfect end. **AMEN.**

**DAY OF HEALING:**

**"COME TO ME"** Matthew 11:28  
**Saturday 19th February 2022  
10:00am to 5:00pm  
St George's (R. C.) Cathedral,  
Westminster Bridge Road,  
Southwark, SE1 7HY**

**[bit.ly/Healing2022](https://bit.ly/Healing2022)**

Please see the Posters for more information, and the website for details.