

THE ANGELUS:

V/: “The Angel of the Lord declared unto Mary;
R/: And she conceived by the Holy Spirit.
ALL: Hail Mary, full of grace,
V/: Behold the handmaid of the Lord;
R/: Be it done unto me, according to thy word.
ALL: Hail Mary, ...

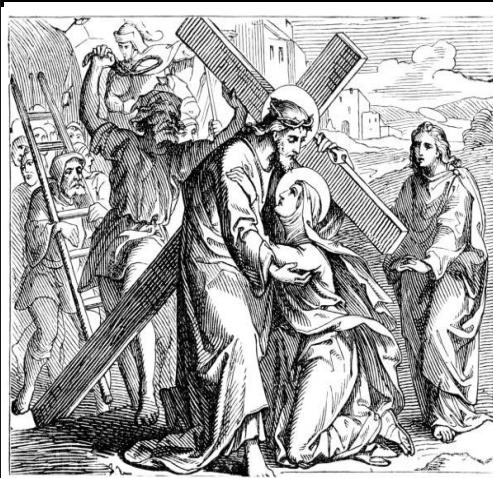
(Please, if you can, try to kneel, or genuflect, or bow deeply for the following verse...)

V/: **AND THE WORD WAS MADE FLESH;**
R/: **AND DWELT AMONGST US.**
ALL: Hail Mary, ...

V/: Pray for us
 O Holy Mother of God,
R/: That we may be made worthy of the promises of Christ.

Let us pray:
 Pour forth, we beseech You, O Lord, Your grace into our hearts; that we, to whom the Incarnation of Christ, Your Son, was made known by the message of an angel, may by His + Passion and Cross be brought to the glory of His Resurrection. Through the same Christ our Lord. Amen.”

The Angelus is said THREE TIMES a Day at 6.00 in the morning, at 12 noon and at 6.00 in the evening.



The Fourth Station: Jesus meets His Mother

GUARDIAN ANGEL PRAYER:

Angel of God, my guardian dear,
 to whom God’s love commits me here,
 ever this day (or night) be at my side,
 to light, to guard, to rule and guide.

HOLY MICHAEL, THE ARCHANGEL,



defend us in the day battle. Be our safe-guard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou,

O Prince of the heavenly host, by the power of God thrust down to hell Satan and all the evil spirits who wander through the world Seeking the ruin of souls. Amen.



+ JESUS, + MARY AND + JOSEPH +

12th March 2023

THE THIRD SUNDAY OF LENT (A)

IN OUR CHURCH BUILDING’S YEAR OF JUBILEE: 7 X 7 YEARS
ST MARY OF THE CRAYS, CRAYFORD:
SUPPLEMENT TO THE WEEKLY NEWSLETTER



PLEASE USE THE PARISH MASS BOOKS, HYMN BOOKS & MASS CARDS

THE READINGS, ETC., FOR THE THIRD SUNDAY OF LENT:
from PAGE 158 and following.

Please Come:

Sunday 4:00pm; Wednesday after 9:15am Holy Mass; Thursday 7:00pm,
and walk with Jesus on His Royal Way of the Cross to Calvary:

V/: WE ADORE YOU, O CHRIST, AND WE PRAISE YOU.
R/: BECAUSE BY YOUR CROSS YOU HAVE REDEEMED THE WORLD.

ACT OF CONTRITION:

I love You, Jesus, my love above all things. I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always, then do with me what You will. **Amen.**
(Our Father; Hail Mary; Glory be.)



The ASHES remind me:
I am A SINNER!
The CROSS reminds me:
I have A SAVIOUR!!

“Remember, you are dust, and to dust you shall return!”



PLEASE, COME TO CONFESSION frequently / regularly ... monthly, weekly, at least annually!

Archdiocese of
Southwark



Pastoral Message for the Launch of CARITAS Southwark

To be read or made available at all Vigil and
Sunday Masses over the weekend of
11/12 March 2023

Dear brothers and sisters in Christ

I greet you in the name of the Lord Jesus as we continue our Lenten journey towards Holy Week and Easter. In this joyful season of renewal we seek the living water who is Christ himself. With the Samaritan woman in today's Gospel, we believe the Lord Jesus offers every person the gift of eternal life. He shows us that no one is beyond God's love; not you or me; not our neighbour; not the unknown stranger in our midst. The Lord Jesus asks us to be God's love for others, especially those in most need.

Today, I share with you the wonderful news that we are about to launch **CARITAS Southwark**. *Caritas* is the Latin word for love and **CARITAS Southwark** will be our Archdiocesan network to co-ordinate our practical loving service of others, putting faith into ac-

tion.

Pope Francis said: '*.. there is an inseparable bond between our faith and the poor. May we never abandon them.*' (EG 48) **CARITAS Southwark** will work with our parishes and schools to support them in serving those in need. Our volunteers have worked hard to get us to this point of a **formal launch** in a **Mass in St George's Cathedral, Southwark, at 12.30pm on Saturday 18 March**. Everyone is invited to the Mass and the reception afterwards.

The Church has always served the poorest and the weakest. This happens today through our parishes, schools and social and charitable projects and organisations. In such challenging times, it is important that we strengthen and enhance our charitable outreach, rooted in our faith in Christ. This will build on the excellent work already taking place and provide encouragement and support for new initiatives. **CARITAS Southwark** is about facilitation and collaboration, building up our common bond of charity through a more considered identity whereby our Archdiocese can promote and recognise faith in action.

Many parishes already have projects in place. Others, as yet, do not have any specific or >>>

>>> developed formal outreach. This is a time for all of us, clergy, religious, and lay faithful, to pray and reflect on the Scriptures, strengthened by the Eucharist, so as to discern how we live out the call to see and serve the Lord Jesus in our brothers and sisters in need. To all who already give their time and effort so generously in voluntary service to the Church's social mission, I extend my heartfelt gratitude.

Across our Archdiocese, a tangible love of neighbour is shown through numerous social and charitable projects. Such apostolates, and new ones which will hopefully come to fruition, require that our hearts be touched by the love of Christ and opened to the needs of others. It is through us, sometimes in simple and seemingly small ways, that the love of Christ becomes real and is freely offered to people in need.

Thank you for your assistance in this important new step. With an assurance of my gratitude, and my prayers and blessing

Yours devotedly in Christ

✠ John Wilson

Metropolitan
Archbishop of Southwark

HELP! - A REQUEST FROM ARCHBISHOP JOHN

Dear friends

I need your help. Good preaching matters to every Catholic. I would like to gather some feedback from people who listen to sermons regularly in a Catholic setting. This is to help those entrusted with the ministry of preaching.

If you are willing to help, please would you be kind enough to answer the following questions – as fully as possible. You can reply by copying and pasting the questions below into an email, then type your personal responses underneath and send the email to

homilyhelp@gmail.com

This is a gmail account because it's easy to set up for this purpose. Someone contacted me to say they are worried it's a scam. It's not. If you are concerned you can always send something to me at **archbishop@rcaos.org.uk**, but the gmail account is easier for me and this project. Or you can post something to **Archbishop's House, 150 St George's Road, London, SE1 6HX**.

All responses will be treated confidentially.

Please feel free to share this invitation.

Question 1 - **What things do you find most helpful in a homily?**

Question 2 - **What things do you find least helpful in a homily?**

Question 3 - **What things would you want a preacher to bear in mind when preparing a homily?**

Question 4 - **What things would you want a preacher to bear in mind when delivering a homily?**

Question 5 - **Is there anything else you want to offer to help preachers preach better?**

Finally, if you are willing, could you say if you are:

- Under 20
- 20-30
- 30-50
- 50+

Thank you so much.

Most Rev John Wilson
Archbishop of Southwark