

6.

**PLENARY INDULGENCES -
GENERAL CONDITIONS**
(from EWTN Website)

The following "General remarks on Indulgences" from Gift of the Indulgence summarizes the usual conditions given in the Church's law (cf. Apostolic Penitentiary, Prot. N. 39/05/I):

1. This is how an indulgence is defined in the Code of Canon Law (can. 992) and in the Catechism of the Catholic Church (n. 1471): **"An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints".**

2. In general, the gaining of indulgences requires certain prescribed conditions (below, nn. 3, 4), and the performance of certain prescribed works [in this case, those granted for the Feast of Mercy]

3. To gain indulgences, whether plenary or partial, it is necessary that the faithful **be in the state of grace** at least at the time the indulgenced work is completed. [i.e. one must be a Catholic, not excommunicated or in schism.]

4. A plenary indulgence can be gained only once a day. In order to obtain it, the faithful must, **in addition to being in the state of grace:**

- have the interior disposition of complete detachment from sin, even venial sin;

- have sacramentally confessed their sins;

- receive the Holy Eucharist (it is certainly better to receive it while participating in Holy Mass, but for the indulgence only Holy Communion is required);

- pray for the intentions of the Supreme Pontiff.

- It is appropriate, but not necessary, that the sacramental Confession and especially Holy Communion and the prayer for the Pope's intentions take place on the same day that the indulgenced work is performed; but it is sufficient that these sacred rites and prayers be carried out within several days (**about 20**) before or after the indulgenced act. Prayer for the Pope's intentions is left to the choice of the faithful, but an **"Our Father"** and a **"Hail Mary"** are suggested. One sacramental Confession suffices for several plenary indulgences, but a separate Holy Communion and a separate prayer for the Holy Father's intentions are required for each plenary indulgence.

- For the sake of those legitimately impeded, confessors can commute both the work prescribed and the conditions required (except, obviously, detachment from even venial sin). Indulgences can always be applied either to oneself or to the souls of the deceased, but they cannot be applied to other persons living on earth.

3.

+ J. M. J. +

Sunday 5th November 2023

**NOVEMBER SUPPLEMENT TO
ST MARY OF THE CRAYS
NEWSLETTER
INDULGENCES**

"A plenary Indulgence, applicable only to the Holy Souls, may be gained once in any Church either on All Souls' Day, on the preceding or following Sunday or on the Feast of All Saints, on the usual conditions:

1) A visit to a church, where the Our Father and Creed are recited,

2) Sacramental Confession,

3) Holy Communion and prayer for the Holy Father's intention.

Those who visit a cemetery between 1st and 8th November and pray for the Faithful Departed, may obtain a plenary indulgence, applicable to the Holy Souls (and at other times a partial indulgence)."



With so much anger, hatred, confusion, cynicism, scepticism, and vitriol in the world and media at present ... "The way to overcome the Devil when he excites feelings of hatred for those who injure us is to pray immediately for their conversion."

St John Vianney.

"The Devil is not satisfied with a soul turning against JESUS, unless it also turns against His Mother because he fears she will again, by her intercession, bring back her Son."

St Bonaventure.

**PLEASE, PRAY THE ROSARY
EVERYDAY FOR PEACE**

IN THE WORLD. our nations, our Political Leaders, Governments, Education, Health Services, Scientists, Traditional and Social Media, local businesses, neighbourhoods, Families, and the salvation of our own souls too ...

HAIL, HOLY QUEEN,

**MOTHER OF MERCY,
hail, our life, our sweetness
and our hope.**

**To thee do we cry, poor
banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley
(vale) of tears.**

**Turn then, O most gracious
advocate, thine eyes of mercy towards us,
and after this exile show
unto us the blessed
fruit of thy womb,
JESUS.**

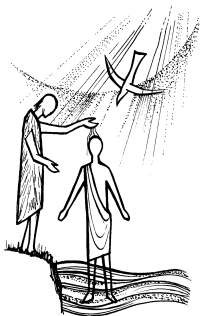
**O clement, O loving,
O sweet Virgin Mary.**

**V/: Pray for us,
O holy Mother of God.
R/: That we may be made worthy
of the promises of Christ.**

4: **PRAYER WITH HOLY WATER:**

Revive in me (us), Lord,
in the Sign of the Holy Water,
the memory of my (our) Baptism;
May it be a defence against
the wiles of the Evil One
and a Gift of Your Presence.
Amen.

**In the Name of
the Father,
and of
the Son,
and of
the Holy Spirit.
Amen.**



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**A Prayer at Night-time for
protection and Blessing:**

VISIT THIS HOUSE,
we pray You Lord:
Drive far away from it
all the snares of the enemy.
May Your holy angels stay here
and guard us in peace,
and let Your blessing
be always upon us.
Through Christ our Lord.
AMEN.

The Lord grant us
a quiet night
and a perfect end. **AMEN.**

Prayer to St Michael:

**Holy Michael,
the Archangel,
defend us in the day of battle;
be our safeguard against
the wickedness and
snares of the devil.
May God rebuke him
we humbly pray;
and do thou
Prince of the Heavenly
Hosts,
by the power of God,
thrust down into hell
Satan and all the other
evil spirits who wander
through the world
for the ruin of souls.
Amen.**

ANGEL OF GOD,
my Guardian dear,
to whom God's love
commits me here,
ever this **day
(or night)**
be at my side,
to light, to guard,
to rule and guide.
Amen.



5: **WITH YOUR NIGHT PRAYERS**

***A Brief Examination of
Conscience at Night:***

Make a brief examination of con-
science before bed at night. Two or
three minutes will suffice.

- **Place yourself in the Presence
of God,** recognising His strength
and your weakness. Tell Him:
“ **Lord, if You will, You can
make me clean.**”

- **Ask your Guardian Angel for
light** to acknowledge your defects
and virtues: *What have I done
wrong? What have I done right?
What could I done better?*

- **Examine your conscience** with
sincerity:

*Did I often consider that God is my
Father? Did I offer Him my work?
Did I make good use of my time?
Did I pray slowly and with atten-
tion? Did I try to make life pleasant
for other people? Did I pray and
offer some sacrifices for the Church,
for the Pope, and for those around
me? Did I allow myself to be car-
ried away by sensuality? By pride?*

- **Make an Act of Contrition**
sorrowfully asking for the Lord's
pardon:

**O my God, I am heartily sorry
for having offended You, and I
detest all my sins, because I
dread the loss of heaven and
the pains of hell; but most of
all because they offend You,
my God, Who are all good and
deserving of all my love. I firm-
ly resolve, with the help of
Your grace, to confess my sins,
to do penance, and to amend
my life. Amen.**

WITH YOUR EVENING / NIGHT PRAYERS -

ACCEPTANCE OF DEATH:

O Lord, my God, from this moment on I
accept with a good will, as something
coming from Your Hand, whatever kind
of death You want to send me, with all
its anguish, pain and sorrow.

+ J. M. J. +

JESUS, MARY AND JOSEPH:

V: Jesus, Mary , and Joseph,
**R: I give You my heart
and my soul.**

V: Jesus, Mary , and Joseph,
R: Assist me in my last agony.

V: Jesus, Mary , and Joseph,
**R: May I sleep and take my rest
in peace with You.**

**PRAYER OF POPE FRANCIS IN
THE YEAR OF ST JOSEPH:**

**Hail, Guardian
of the Redeemer,
Spouse of the
Blessed Virgin Mary.**

**To you God entrusted
His only Son;
in you Mary
placed her trust;
with you Christ
became man.**

**Blessed Joseph, to us too,
show yourself a father
and guide us
in the path of life.**

**Obtain for us grace,
mercy, and courage,
and defend us
from every evil.
Amen.**