

6.

Dearest Lord,
 at the hour of my death I may not
 have the strength to call upon You.
 My voice may fail and my mind,
 clouded with sickness, may not
 even remember
 Your Beloved Name.
 Now while I have the strength
 I ask You, Lord, to be with me
 in that hour when I shall no longer
 be able to approach You.
 Speak peace to my soul and
 may my last words be:
**“Father, into Your hands
 I commend my spirit.”**
Lord Jesus, receive my soul.

Adapted by
 Dom Michael Hopley OSB
 (23rd May 1928 - 24th August 2001
 A Monk of Ealing Abbey, London, and
 the Chaplain to Group 12 of the HCPT -
 of the Lourdes Pilgrimage Trust)
 from a letter in ‘The Universe’
 Newspaper 10th March 1978

Jesus, Mary and Joseph,
**I give You my heart
 and my soul.**
 Jesus, Mary and Joseph,
Assist me in my last agony.
 Jesus, Mary and Joseph,
**May I sleep and take my rest
 in peace with You.**
 +++++
ACCEPTANCE OF DEATH:
 O Lord, my God,
 from this moment on I accept
 with good will, as something
 coming from Your Hand, what-
 ever kind of death you want to
 send me, with all its anguish,
 pain and sorrow.

**PRAYER FOR THE END OF THE DAY
 AND FOR
 THE END OF ONE’S EARTHLY LIFE**

May He support us all the day long,
 till the shades lengthen,
 and the evening comes,
 and the busy world is hushed,
 and the fever of life is over,
 and our work is done!
 Then in His mercy
 may He give us a safe lodging,
 and a holy rest,
 and peace at the last.

Oh My Lord and Saviour,
 support me in that hour
 in the strong arms of Your Sacraments,
 and by the fresh fragrance
 of Your consolations.

Let the absolving words be said over me,
 and the holy oil sign and seal me,
 and Your own Body be my food,
 and Your Blood my sprinkling;

and let my sweet Mother,
 Mary,
 breathe upon me,
 and my Angel whisper peace to me,
 and my glorious Saints smile upon me;
 that in them all, and through them all,
 may receive the gift of perseverance,
 and die,
 as I desire to live,
 in Your faith,
 in Your Church,
 in Your service,
 and in Your love.
 Amen.

*St John Henry Cardinal Newman
 (21st February 1801 – 11th August 1890)*

3.

**THE SACRAMENT OF
 ANOINTING THE SICK:**

See the Gospel of
St Mark 6: 7 - 13:
*v. 13: “And they cast out
 many demons,
 and anointed with oil
 many that were sick
 and healed them.”*

And the Letter of
St James 5: 13 - 16:
*v. 14: “Is any among you sick?
 Let him call for the call for
 the elders (priests)
 of the Church,
 and let them pray over him,
 anointing him with oil
 in the Name of the Lord; ...”*

*and see the CATECHISM OF
 THE CATHOLIC CHURCH
 CCC 1420 - 1421,
 1499 - 1525, 1526 - 1532*

*By which a special grace
 is conferred during
 grave illness or old age.*

The fruits of the Sacrament are:

- Unity with the Passion of Christ, for the sick person’s own good and that of the whole Church.
- Strength, peace, and courage to endure as a Christian the sufferings of illness or old age.
- Forgiveness of sins, if the sick person was not able to obtain it through the Sacrament of Penance (*Confession*).
- Restoration of health, if it is conducive to the salvation of the soul.
- Preparation for entering Eternal Life.

+ J. M. J. +

**Jesus, Mary and Joseph.
 The Fifth Sunday
 in Ordinary Time B
 4th February 2024**

**DATES FOR
 YOUR DIARIES AND CALENDARS:**

Next Sunday is the Sixth Sunday
 of Ordinary Time, but it is also
 the 11th February and
the Feast of Our Lady of Lourdes.
 We will of course keep the Sunday,
 but may we have a little procession
 to our new Outdoor Statue of
 Our Lady of Lourdes?
 And have a Healing Service

Lent begins with

**ASH WEDNESDAY
 on 14th February**

(also known as St Valentine’s Day!)
 Ash Wednesday is

**a Day of Fasting
 and Abstinence,**

that is: reducing one’s food and re-
 fraining from Meat, and if not a meat-
 eater, then refrain from something
 you usually eat. Perhaps party on
**Shrove, or ‘pancake’,
 Tuesday on the 13th February!**

**GOOD FRIDAY,
 a Day of Fasting
 and Abstinence,**

will be on
**Friday 29th March
 and**

**EASTER SUNDAY
 will be on
 Sunday 31st March.**

4

**The Message of
OUR LADY OF LOURDES,
to Bernadette Soubirous
11th February - 16th July 1858**

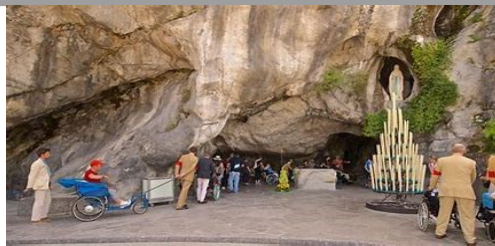
In 1858 the Immaculate Virgin Mary appeared to Bernadette Soubirous near Lourdes in France, in the Grotto of Massabielle. Through the poor little child (14 years of age) Mary called sinners to penance, and thereby there arose in the Church a marvellous spirit of prayer and charity, especially helping the poor and the sick.

*A reading from a letter of
St Mary Bernadette Soubirous
to P. Gondrand, 1861:*

‘One day, when I had gone with the two girls to collect wood from the bank of the river Gave, I heard a sound. I turned toward the meadow and saw that the trees were not moving at all. I looked up and saw a grotto. And I saw a Lady wearing a white dress with a blue sash. On each foot she had a yellow rose; her rosary was the same colour.

When I saw her, I rubbed my eyes. I thought I must be mistaken. I put my hands in my pocket, where I kept my rosary. I wanted to make the sign of the Cross, but I could not lift my hand to my forehead; it fell back. Then the Lady crossed herself. I again tried, and although my hand was trembling, I was eventually able to make the sign of the Cross. I began to say my rosary. The Lady slipped the beads of her rosary through her fingers, but she did not move her lips. When I finished the rosary, she immediately disappeared.

I asked the two girls if they had seen anything. They said, ‘No’, and asked what I had to tell them. I told them that I had seen a Lady wearing a white dress but that I did not know who she was. But I warned them to keep silent about it. Then they urged me not to go back there, but I refused. I went back on Sunday, feeling drawn by an inner force.



The Lady spoke to me a third time and asked me if I was willing to come to her over a period of a fortnight. I replied that I was. She added that I must tell the priests to have a chapel built there. Then she told me to drink at the spring. Not seeing any spring I was going to drink from the Gave. She told me that she did not mean that, and pointed with her finger to the spring. When I went there I saw only a little dirty water. I put my hand in it, but I could not get hold of any. I scratched, and at last a little water came for drinking. Three times I threw it away; the fourth time I was able to drink to drink it. Then the vision disappeared, and I went away.

I went back there for fifteen days, and each day the Lady appeared to me, with the exception of a Monday and a Friday. She reminded me again to tell the priests to build the chapel, asked me to wash in the spring, and to pray for the conversion of sinners. I asked here several times who she was, but she gently smiled at me. Finally, she held her arms outstretched and raised her eyes to heaven and told me that she was **the Immaculate Conception.**

During the fortnight she also revealed three secrets to me, and forbade me to disclose them to anyone. I have kept them faithfully to this day.’

Please prepare for next Sunday, 11th February, by watching the mid-World War II 1943 Classic Film based on Franz Werfel’s Book: **THE SONG OF BERNADETTE.**

5.

*ST CHRISTOPHER’S HOSPICE
CHAPLAINCY DEPARTMENT
HEALING PRAYER FOR BLESSING
AND LAYING ON OF HANDS (c. 1996-2006)*

(Name...) may the healing love of the Lord Jesus Christ by the power of the Holy Spirit be with you now, filling your whole being with His peace and bringing you His wholeness.

May you know the reality (*strength and power*) of His Presence, day by day, and His protection from anything that might harm you or hurt you, giving you His peace, in body, mind and spirit. Amen.

*Revds. Len Lunn &
Christine Gardner*

Please, keep Our Lord Jesus always before your eyes and mind and heart. Stay close to Jesus, and stay close to Mary our Mother: keep the Rosary with you always.

Image of the Sacrament of Anointing of the Sick



**THE MIRACLE PRAYER OF
FATHER PETER MARY ROOKEY**

“Lord Jesus,
I come before You just as I am.
I am sorry for my sins,
I repent of my sins,
please forgive me.
In Your name I forgive all others
for what they have done against me.
I renounce Satan,
the evil spirits and all their works.
I give You my entire self,
Lord Jesus,
now and forever.
I invite You into my life,
Jesus.
I accept You as
my Lord, God and Saviour.
Please, heal me, change me,
strengthen me in
body, soul, and spirit.
Come, Lord Jesus,
cover me with
Your Precious Blood,
and fill me with
Your Holy Spirit.
I Love You, Lord Jesus.
I Praise You, Jesus.
I Thank You, Jesus.
I shall follow You
every day of my life. Amen.”

*Please, holding and looking at
the Corpus of Jesus on a Crucifix:
“Pray this prayer faithfully no matter how
you feel. When you come to the point where
you sincerely mean each word,
with all your heart, something good
spiritually will happen to you.
You will experience Jesus, and He will
change your whole life in a very special
way”. You will see. - Fr. Peter Rookey*