

6. How to Say

THE CHAPLET OF DIVINE MERCY

The Chaplet can be conveniently said using rosary beads as follows:

1. Opening Prayers:

Our Father ...

Hail Mary ...

Apostles' Creed ...

2. and the using the 5 decade beads, say:

On, "Our Father beads" -

"Eternal Father, I offer You the Body and Blood, Soul and Divinity of your dearly beloved Son our Lord Jesus Christ in atonement for our sins and those of the whole world".

On, "Hail Mary beads" -

"For the sake of His sorrowful Passion, have mercy on us and on the whole world".

3. Concluding Prayer:

Say three times:

"Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and the whole world".

... **JESUS, I TRUST IN YOU** ...

Opening Prayer: (3 o'clock prayer)

You expired, Jesus, but the source of life gushed forth for souls and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty yourself out upon us. O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, **I TRUST IN YOU.**

THE MIRACLE PRAYER OF FATHER PETER MARY ROOKEY

"Lord Jesus,
I come before You just as I am.
I am sorry for my sins,
I repent of my sins,
please forgive me.
In Your name I forgive all others
for what they have done against me.
I renounce Satan,
the evil spirits and all their works.
I give You my entire self, Lord Jesus,
now and forever.
I invite You into my life,
JESUS.
I accept You as
my Lord, God and Saviour.
*Please, heal me, change me,
strengthen me in
body, soul, and spirit.
Come, Lord Jesus,
cover me with
Your Precious Blood,
and fill me with
Your Holy Spirit.
I Love You, Lord Jesus.
I Praise You, Jesus.
I Thank You, Jesus.
I shall follow You
every day of my life. Amen."*

*Please, holding and looking at
the Corpus of Jesus on a Crucifix:*

*"Pray this prayer faithfully no matter how you
feel. When you come to the point where you
sincerely mean each word,*

*with all your heart, something good
spiritually will happen to you.*

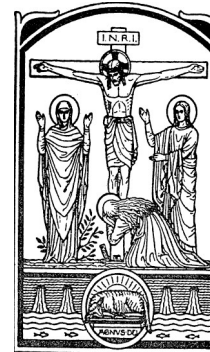
*You will experience Jesus, and He will change
your whole life in a very special way".*

You will see. - Fr. Peter Rookey

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THE WAY OF THE CROSS continued:

- 1: Jesus is condemned to death.**
- 2: Jesus takes up His cross.**
- 3: Jesus falls for the first time.**
- 4: Jesus meets
His Blessed Mother.**
- 5: Simon of Cyrene helps Jesus
to carry His cross.**
- 6: Veronica wipes
the face of Jesus.**
- 7: Jesus falls for the second time.**
- 8: Jesus consoles the women
of Jerusalem.**
- 9: Jesus falls for the third time.**
- 10: Jesus is stripped
of His garments.**
- 11: Jesus is nailed to the Cross.**
- 12: Jesus dies on the Cross.**



- 13: Jesus is taken down from the
Cross and laid in the arms of His
Sorrowful Mother: "The Pieta".**
- 14: Jesus is laid in
the Tomb / Sepulchre.**
*A 15th Station might be added in front of
the Altar, and the High Cross in St Mary of
the Crays Church:*
- 15: Jesus is raised from the Dead:
THE RESURRECTION.**

+ **J. M. J.** +

**Jesus, Mary and Joseph.
The Third Sunday of Lent B
3rd March 2024**

THE WAY OF THE CROSS "VIA CRUCIS"

a.k.a.:

THE STATIONS OF THE CROSS

*Is to walk with Jesus on
His Royal Road, from judgement
before Pontius Pilate, to His death on
the Cross on Calvary,
and beyond,
to His Burial in the Tomb,
the Holy Sepulchre,
which became the place of
His Resurrection from the Dead.*

*Prayers at each station, genuflect
or KNEEL, if you can and say:*

V/: We adore You O Christ,
and we praise You:
R/: BECAUSE BY YOUR HOLY CROSS
YOU HAVE REDEEMED THE WORLD!
Reflect upon the "Station" and then:
**"I LOVE YOU JESUS,
MY LOVE ABOVE ALL THINGS.
I REPENT WITH MY WHOLE SOUL FOR
HAVING OFFENDED YOU.
NEVER PERMIT ME TO SEPARATE
MYSELF FROM YOU AGAIN.
GRANT THAT I MAY LOVE YOU
ALWAYS, THEN DO WITH ME WHAT
EVER YOU WILL. AMEN.**

STATIONS OF THE CROSS THIS WEEK:

**Wednesday 6th March
after 9:15am Mass**

and on

Friday 8th March at 7:30pm

**4: LENTEN SCRIPTURE COURSE:
at St John Fisher, Thanet Rd,
Bexley, DA5 1AP**

**BRINGING THE NEW TESTAMENT TO
LIFE - Sat 9th March 10am-3.30pm**

In the New Testament we meet real people communicating with us, sharing their beliefs, their fears and their hopes. On this parish day participants will be offered an overview of the New Testament, an introduction to the various writings and the background of the New Testament: the Roman and Jewish World.

Presented by: **BRIAN PURFIELD.**
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YOUTH DAY (10-14 YEARS)

Our next youth day for young people aged 10 to 14 will take place at Richard Challoner School, New Malden on Saturday 9th March.

The day will include faith input, prayer, sports, games and pizza. Parents can book their children, and group leaders can register at

www.tinyurl.com/scsyyouthday
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**SOUTHWARK CATHOLIC YOUTH
THE SOUTHWARK CATHOLIC YOUTH SERVICE**

has several activities in 2024 for youth and young adults.

For regular updates on forthcoming events, please sign up to our network at www.tinyurl.com/scsysnetwork

THE KNIGHTS OF ST COLUMBA,

in partnership with

**THE SOCIETY OF PROTECTION FOR
THE UNBORN CHILD (SPUC)**

have created a **Spiritual Bouquet for 2024, the Year of Prayer** called for by Pope Francis in preparation for

THE JUBILEE YEAR IN 2025.

**YOU CAN JOIN US ON OUR MASSES,
ROSARIES, HOLY HOURS,**

**ACT NOW TO STOP
DIY ABORTION UP TO BIRTH**

Diana Johnson MP has tabled an amendment (New Clause 1) to the Government's Criminal Justice Bill, which is coming up for Report stage in Parliament in early March. This amendment seeks to change criminal law so that "no offence is committed by a woman acting in relation to her own pregnancy" at any gestation. This means that a woman who induced her abortion at home using pills (or any other method) at any stage of pregnancy, including just before natural birth, would commit no offence. This is dangerous for women and lethal for unborn babies.

If you have not done so already

*(for example during the recent
WHITE FLOWER APPEAL
in this Parish),*

please contact your MP urgently, asking them to oppose this extreme and barbaric proposal. You can do this using SPUC's easy to use webtool, at

[https://www.spuc.org.uk/
abortionamendments](https://www.spuc.org.uk/abortionamendments)

Please pray for the defeat of this amendment, for protection of unborn babies, and help and comfort for mothers in need.

40 HOUR ADORATIONS

Check out our Facebook Page
www.facebook.com/KofSC

Email headoffice@ksc.org.uk

and they will send you Zoom Codes to join us live, Please join us and hold Rosaries. Masses, Pilgrimages, Holy Hours or 40 Hours of Adoration and let us know when it was done and how many attended. Any prayers can then be reported to headoffice@ksc.org.uk

**THE TEN COMMANDMENTS:
in order according to
Catholicism are:**

A Traditional Catechetical Formula

- 1. I am the LORD your God:
you shall not have strange
gods before me.**
- 2. You shall not take the name
of the LORD your God in vain.**
- 3. Remember to keep holy
the LORD'S Day.**
- 4. Honour your father and
your mother.
(that you might live long
in the land and prosper).**
- 5. You shall not kill. (no Murder)**
- 6. You shall not commit adultery.**
- 7. You shall not steal.**
- 8. You shall not bear false wit-
ness against your neighbour.**
- 9. You shall not covet
your neighbour's wife.**
- 10. You shall not covet
your neighbour's goods.**

*Based on Exodus 20: 2-17
and
Deuteronomy 5: 6-21*



**The Precepts (Commandments) of the
Church, according to the Catechism
of the Catholic Church:**

The Precepts of the Church

2041 The precepts of the Church are set in the context of a moral life bound to and nourished by liturgical life. The obligatory character of these positive laws decreed by the pastoral authorities is meant to guarantee to the faithful the indispensable minimum in the spirit of prayer and moral effort, in the growth in love of God and neighbour:

2042 The first precept ("**You shall attend Mass on Sundays and holy days of obligation.**") requires the faithful to participate in the Eucharistic celebration when the Christian community gathers together on the day commemorating the Resurrection of the Lord.

The second precept ("**You shall confess your sins at least once a year.**") ensures preparation for the Eucharist by the reception of the sacrament of reconciliation, which continues Baptism's work of conversion and forgiveness.

The third precept ("**You shall humbly receive your Creator in Holy Communion at least during the Easter season.**") guarantees as a minimum the reception of the Lord's Body and Blood in connection with the Paschal feasts, the origin and centre of the Christian liturgy.

2043 The fourth precept ("**You shall keep holy the holy days of obligation.**") completes the Sunday observance by participation in the principal liturgical feasts which honour the mysteries of the Lord, the Virgin Mary, and the saints.

The fifth precept ("**You shall observe the prescribed days of fasting and abstinence.**") ensures the times of asceticism and penance which prepare us for the liturgical feasts; they help us acquire mastery over our instincts and freedom of heart.

The faithful also have the duty of providing for the material needs of the Church, each according to his abilities.