

**6. At the Friars, Aylesford:
GRIEF IN LOSS,
HOPE IN CHRIST RETREAT
21-23 March 2025
and 10-12 Oct 2025**

for anyone who has experienced bereavement, whether recently or sometime ago. We grieve, remember, hope and give thanks for our loved ones in the light of the Resurrection of Jesus. Guided by Liz Taylor, Barabara Slalmonczyk and Fr Ged Walsh O.Carm.

Cost:

£260.00 single;
£230.00 shared.

For more information and booking contact:

Tel: **01622 717 272**

Email:

reception@thefriars.org.uk

A reflection upon Christian preaching in the 20th Century:

“A God without wrath

brought men without sin

into a Kingdom

without judgment

through the ministrations

of a Christ without a Cross.”

– *H. Richard Niebuhr,*

The Kingdom of God in America

ACTS OF CONTRITION:

O My God,
because You are so good,
I am very sorry
that I have sinned against You,
and, with the help of Your grace,
I will not sin again. **Amen.**

O my God,
I am sorry and beg pardon for all my sins, and detest them above all things, because they deserve Thy dreadful punishments, because they have crucified my loving Saviour Jesus Christ, and most of all because they offend Thine infinite goodness; and I firmly resolve, by the help of Thy grace, never to offend Thee again, and carefully to avoid the occasions of sin. **Amen.**

I love You Jesus,
My Love above all things. I repent with my whole heart for having offended You. Never permit me to separate myself from You again. Grant that I may love You always, then do with me what You will. **Amen.**

St Alphonsus de Liguori



3.

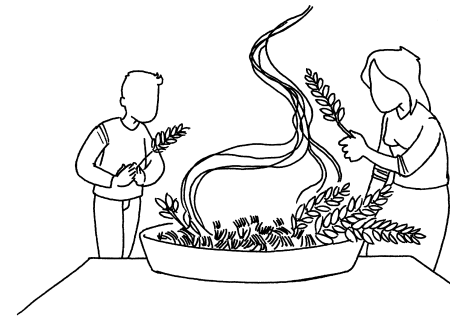
+ J. M. J. + JESUS, + MARY, and + JOSEPH +
Newsletter Supplement: 23rd February Anno Domini 2025
THE SEVENTH SUNDAY IN ORDINARY TIME (C)

**O COME,
LET US ADORE HIM!**



**PALMS FOR ASHES
FOR ASH WEDNESDAY
5TH MARCH 2025 ...**

Please bring in your Palms from last year's Palm Sunday so that we might burn them and create the Ashes



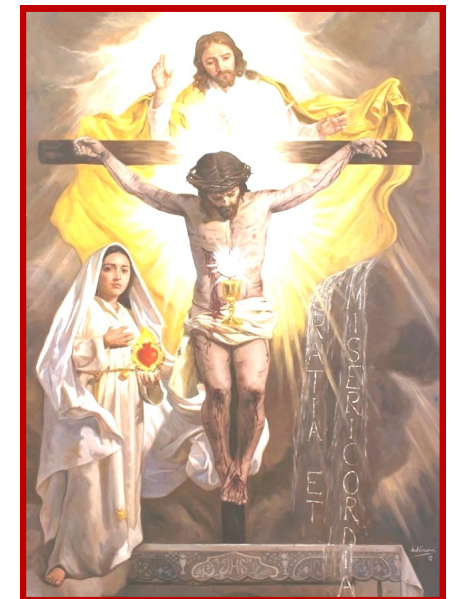
**SOUTHWARK ARCHDIOCESE
ROSARY PRAYER PROJECT**

Everyone is warmly invited to join this Archdiocese-wide prayer initiative, PRAYING A DECADE OF THE ROSARY EACH DAY FOR PRIESTS AND PARISHES IN THEIR DEANERY.

For details see the poster on the noticeboard, pick up an invitation leaflet at the back of church or email:

southwarkrenewal@gmail.com.

**PILGRIMS OF HOPE
TOWARDS 7TH JUNE 2025**



4. EXAMINATION OF CONSCIENCE:

Before you examine your conscience, or review your life, ask the Holy Spirit to help you discover the areas and sins that that Lord wants to heal in you:

“V/: Come Holy Spirit, fill the hearts of Your faithful, and enkindle in them the fire of Your love.

R/: Send forth Your Spirit and they shall be created, and You will renew the face of the earth.

Let us pray:

O God Who has taught the hearts of Your faithful by the light of the Holy Spirit, grant that by the gift of that same Holy Spirit, we may be always truly wise and ever rejoice in Your consolation through Christ our Lord. Amen.”

“Love God with all your heart, your mind, your soul and your strength”:

Do I recognise God’s place and authority in my life, or do I follow my own agenda, fitting God in when it is convenient? Is my life controlled by my own ambitions and desires, my career, or a need for human respect, rather God’s loving authority and word?

Do I open myself to the love of God each day and recognise God in my life in daily prayer?

Do I honour God and give witness to my faith in God by taking a full, active and conscious part in the whole of the Holy Mass, The Most Holy Eucharist, every Sunday and Holyday of Obligation?

Do I reverence God’s Name in my speech?

“Love your neighbour = as you love yourself”:

Do I build up or break down relationships with members of my family, close relatives, fellow-workers, and neighbours? Do my words or actions show self-centredness?

Am I concerned only for myself, or do I show compassion and concern in word

and in deed for others, including the poor, less fortunate, sick and suffering? Do I recognise and respond to my obligation as a Christian to be aware of injustice in society and foster justice, peace and human dignity, with respect for all human life from conception to natural death and all the stage and times between?

Do I allow myself to be controlled by my moods at home or at work? Am I angry, bitter or resentful towards anyone, particularly family members? How long have I had these attitudes? Do I confront the sin of anger or do I savour it?

Have I forgiven everyone who has injured or offended me? Have I damaged anyone’s reputation or dignity through gossip and/or lies?

Do I honour my parents, showing them proper respect and loving obedience? Have I been cynical or disrespectful to legitimate authority?

Do I give my mind over to lustful thoughts (fantasies or daydreams)? Has my conversation included obscene or foul language or stories? Have I read pornography or watched movies or television programmes or the internet /social media which grieve the Holy Spirit within me? Have I acted impurely by myself or with others? Have I had or helped someone else to procure an abortion?

Have I been truthful in my words as well as my actions?

Have I abused my body through the misuse of drugs, alcohol or food?

Have I taken part in the occult, witchcraft, Freemasonry, fortune telling, palm reading, astrology, reiki, yoga, or other superstitious or “New Age” activities?

Are there any other areas in my life in which the Holy Spirit is leading me towards repentance – past sins forgotten or deliberately covered over; troubling hurts that need healing; special areas of difficulty that I can now see in the light of the Holy Spirit?

5. IN SOUTHWARK DIOCESE
we are invited to gather in
AYLESFORD on
SATURDAY 7TH JUNE 2025.
Pentecost weekend,

and to England’s Nazareth
IN WALSINGHAM, Norfolk,

SATURDAY 28TH JUNE 2025,

the day of the Immaculate Heart of
the Blessed Virgin Mary,
and the weekend of
Saint Peter and Saint Paul.

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In **THIS DEANERY OF BEXLEY,**
we can be Pilgrims too and travel,
on foot, or by car, or bus , or cycle,
to **ST JOHN VIANNEY CHURCH,**
Heathfield Road, **BEXLEYHEATH,** on
SATURDAY 5TH OF JULY 2025

Please, enter this date
in your diaries.

BE PILGRIMS OF HOPE in 2025!

JUBILEE 2025

Every 25 years there is a

YEAR OF JUBILEE IN ROME.

The Holy Father,
Pope Francis, invites us all
to become & Be Pilgrims.



HOPE IN ADORATION.

As part of
THE JUBILEE YEAR,
Archbishop John
is **encouraging people**
to turn to the Lord Jesus
in EUCHARISTIC ADORATION
and have their hopes
“fulfilled by Christ”.
The campaign,
HOPE IN ADORATION,
will share testimonies
from parish priests
and laity throughout
the year on how
Eucharistic adoration
has helped them build
a closer relationship with the
Lord Jesus.

Resources will also
be made available for
free and there is
a comprehensive list
of times of Eucharistic
adoration in parishes
across the Archdiocese.

Find out more about
the campaign at
rcaos.org.uk/hopeinadoration

