

6. SIX BIBLE STUDIES ON THE LENTEN SUNDAY GOSPELS

Mauro Iannicelli will break-open the forthcoming Lenten Sunday Gospels with in-depth teaching and stimulating questions.

Started:

Tues 17th February, 2026 @7pm

Six consecutive Tuesdays:

03 Mar | 10 Mar |

17 Mar | 24 Mar

(7-8:15pm). **Free of Charge |**

LIVE on YouTube. Registration:

comeandsee.org/lent26

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As we prepare in this

LENT for **EASTER**,

the greatest Season of the Church's Calendar and Liturgy some of us have been planning and pondering.

Please, do we have some folk and families who would be willing to help 'MEET AND GREET'

our Parishioners and visitors before Holy Mass each Saturday and Sunday, to help with the Books and Newsletters and any information that a new potential parishioner, or an occasional visitor, might need?

WELCOME. WORSHIP.

WITNESS.

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THERE WILL BE

"A DAY WITH MARY"

HERE, IN ST MARY OF THE CRAYS,
ON THE FIRST

SATURDAY 7TH MARCH.

PLEASE, put this date in your diaries today and commit to come to the whole, or part of,
A DAY WITH MARY.

PRAY THE ROMERO ROSARY AT ST GEORGE'S CATHEDRAL.

Join Archbishop John Wilson and the Cathedral clergy in praying the rosary **every Friday at 5pm** throughout Lent.

This is a beautiful opportunity to draw closer to the Lord Jesus in prayer. Archbishop John will personally lead the devotion at the National Shrine of St Oscar Romero at

St George's Cathedral (SE1 6HR)

on **Friday 6th**

and **Friday 27th March.**

On all other Fridays during Lent, the Cathedral clergy will lead

the Rosary, followed by **the Stations of the Cross at 6pm.**

Let the rosary connect you to the Lord Jesus this Lenten season.

Find out more at:

rcaos.org.uk/romerorosary

Please, let Housebound folk know, and pray together, as Families with the Cathedral.



**3. + J. M. J. + is + JESUS, + MARY, and + JOSEPH +
Newsletter Supplement: 1st March Anno Domini 2026
(St David of Wales A.D. 520?-588?)**

THE SECOND SUNDAY OF LENT (A)

Pages 154 –15.. in the Parish Mass Book

(Music in Parish Mass Book begins page 320,

Preface Dialogue page 15, Holy, holy /Sanctus page 16,

Mystery of Faith: "SAVE US ..." page 29,

Lamb of God/Agnus Dei page 57 & 78)

ACTS OF CONTRITION:

FROM THE WAY OF THE CROSS:

AT EACH STATION:

BEFORE THE HOLY CROSS:

V/: "We adore You, O Christ, and we praise (bless) You.

R/: Because by Your Holy Cross You have redeemed the world!"

ACT OF CONTRITION:

I love You Jesus,
my Love above all things.
I repent with my whole heart for having offended You.
Never permit me to separate myself from You again.
Grant that I may love You always, then do with me what You will.

Amen.

St Alphonsus de Liguori

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THE JESUS PRAYER:

**Lord Jesus Christ,
Son of the living God,
have mercy on me,
a sinner.**

O my God, because You are so good, I am very sorry that I have sinned against You, and, with the help of Your grace, I will not sin again. **Amen.**

O my God, I am sorry and beg pardon for all my sins, and detest them above all things, because they deserve Thy dreadful punishments, because they have crucified my loving Saviour Jesus Christ, and most of all because they offend Thine infinite goodness; and I firmly resolve, by the help of Thy grace, never to offend Thee again, and carefully to avoid the occasions of sin. **Amen.**

In **THE TRANSFIGURATION** today, **God the Father** says to each one of us:

"This My Beloved Son, with Whom I am well pleased; LISTEN TO HIM."

Matthew 17:5

The Bright Cloud is **the Presence of God the Holy Spirit.** Moses and Elijah show that Jesus is the fullness of the Old Covenant/Testament: The Law and The Prophets. So, we need to **LISTEN to the Holy Scriptures**, the Holy Bible, especially the Holy Gospels. **"Take and Read"** out loud!

4. St Mary of the Crays
Old Road, Crayford
Saturday 7 March 2026
First Saturday of the month:
this devotion is fulfilled
at today's **DAY WITH MARY**
10.00 am
Procession of Our Lady.
Angelus. Crowning.
Sung Litany & **Holy Mass**
in honour of Our Lady.
Celebrant: Fr David Gummett
& Preacher: Fr Stephen Boyle
The Five Joyful Mysteries
12.15 pm Lunch break
(Please bring packed lunch)
1.15 pm Exposition and
Procession of
the Blessed Sacrament
The Five Luminous
Mysteries of the Rosary.
Sermon on Our Lady by
Fr James Tolhurst
The Five Sorrowful
Mysteries of the Rosary.
Silent Adoration.
Meditations on the Passion
3.30 pm Tea break
4.15 pm Sermon on Our Lady
by Fr David Gummett
The Five Glorious Mysteries.

Act of Consecration.
Benediction
Enrolment in the Brown
Scapular and Conferment of
the Miraculous Medal.
During the day:
Confession and Exposition
of The Blessed Sacrament.
End about **5:30pm**

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WORKS OF MERCY:
SPIRITUAL AND CORPORAL:

The Seven Spiritual
Works of Mercy:

1. Counsel the doubtful.
2. Instruct the ignorant.
3. Admonish sinners.
4. Comfort the afflicted.
5. Forgive offences.
6. Bear wrongs patiently.
7. Pray for the living and the dead.

The Seven Corporal
Works of Mercy:

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the sick.
6. Visit the imprisoned.
7. Bury the dead.

*"TRULY, I SAY TO YOU, AS YOU DID IT
TO ONE OF THE LEAST OF THESE MY BROTHERS
AND SISTERS YOU DID IT TO ME."
Matthew 25: 40*

THE TEN COMMANDMENTS:

1. I am the Lord your God:
You shall not have
strange gods before me.
2. You shall not take
the Name of God in vain.
3. Remember to keep
the Sabbath day holy.
4. Honour your father
and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness.
9. You shall not covet
your neighbour's wife.
10. You shall not covet
your neighbour's goods.

THE PRECEPTS (COMMANDMENTS) OF
THE CHURCH & EASTER DUTIES:

*from the Catechism of the Catholic Church Nos:
2041 - 2043*

The first precept: (You shall attend Mass
on Sundays and on Holy Days of Obliga-
tion and rest from servile labour')

The second precept: ('You shall confess
your sins at least once a year')

The third precept: ('You shall receive
the Sacrament of the Eucharist at least
during the Easter season')

The fourth precept:
(You shall observe the days of fasting
and abstinence established by the
Church')

The fifth precept: (You shall help to pro-
vide for the needs of the Church') means
that the faithful are obliged to assist with the
material need of the Church, each according
to their ability."

REGULAR CONFESSION TIMES
IN SOME LOCAL CHURCHES:

St John Fisher, Thanet Rd, Bexley:
Saturdays at 5:30pm and at call.

St John Vianney, Heathfield Rd,
Bexleyheath: Saturdays after
10:00am Mass and at call.

St Thomas More, Bostall Park
Bexleyheath: Saturdays 10-11am,
and on request.

St Anselm's, West Hill, Dartford:
Fridays 10:30-10:45am & 6:30-
7:00pm; Saturdays 10:30-11:00am,
and during all Sunday Masses ex-
cept when a priest is on holiday.

Our Lady of the Angels, Carlton Rd,
Erith: Saturdays 11:00am -
12:00pm, 4:45-5:15pm, and at call.

