

4. *A commentary on John 6  
from Dom Henry Wansbrough OSB,  
from Universalis.com*

This is the last of the readings from the Bread of Life discourse (*see John 6*). It moves on from seeing Christ as the Wisdom of God, who must be accepted and believed, to the sacrament of eating the bread of life.

These correspond to the two halves of the Mass, first the service of the Word, then the Eucharistic banquet. We are all so diet-conscious nowadays that it is quite obvious that the food we eat affects us. **By eating**

**Christ we are assimilated into him. But, just as, if I am sick, food does me no good and can even harm me, so if I eat Christ sacramentally without wanting to be moulded into him, it does me no good at all.**

That is why Paul complained that the Corinthians were answerable for the death of Christ. And drinking the blood of Christ? Blood is the sign of life – if there is no blood, there is no life – and God is the Lord of life and death. So if I receive Christ's blood I take on his life, his divine life, as the gift of God. That has alarming side-effects: it means I share Christ's life with other Christians. We all live with the same life's blood. **Do I really share my life, my talents, my goods with others, knowing that I share the same bloodstream?**

**FROM THE FIRST LETTER OF ST PAUL  
TO THE CORINTHIANS, CHAPTER 11**

<sup>23</sup> For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, <sup>24</sup> and when he had given thanks, he broke it, and said, **"This is my body, which is for you. Do this in remembrance of me."** <sup>25</sup> In the same way also he took the cup, after supper, saying, **"This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me."** <sup>26</sup> For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

<sup>27</sup> Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. <sup>28</sup> **Let a person examine himself, then, and so eat of the bread and drink of the cup.** <sup>29</sup> **For anyone who eats and drinks without discerning the body eats and drinks judgment on himself.** <sup>30</sup> That is why many of you are weak and ill, and some have died. <sup>31</sup> But if we judged ourselves truly, we would not be judged. <sup>32</sup> But when we are judged by the Lord, we are disciplined so that we may not be condemned along with the world.

**1 Corinthians 11: 23 - 32 ESV CE**

**5. CORPUS CHRISTI SUNDAY.  
BLESSED SACRAMENT PROCESSION,  
walk with Our Lord Jesus, our Eucharistic Love, around  
the Church and grounds after the 10:30am Holy Mass.**

**My heart, my mind,  
my body, my soul,  
I give to You, take control.  
I give You my body,  
a living sacrifice.  
Lord, take control, take control.**

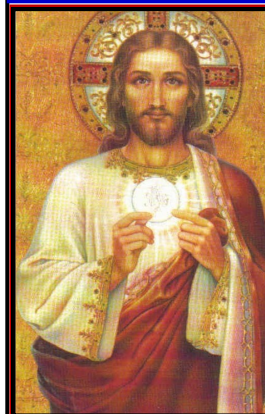
***The Sacrifice Prayer from Fatima:***

**O JESUS, it is for love of You,  
for the conversion of (poor)  
sinners and in reparation for  
the sins committed against the  
Immaculate Heart of Mary.**



Let us pray:  
O God, Who in this wonderful Sacrament have left us a memorial of Your Passion, grant us, we pray, so to revere the Sacred Mysteries of Your Body and Blood that we may always experience in ourselves the fruits of Your redemption.

Who live and reign with God our Father in the unity of the Holy Spirit, God, for ever and ever. Amen.



**Sweet Heart  
of Jesus,  
make our  
hearts  
like unto  
Your Heart!**

**Please pray for the Soul of  
MRS CAROL BRIDGET  
MCQUILLAN RIP  
who died on  
the 27th May 2026.  
Her Funeral will take place in  
St Mary of the Crays  
on Monday 22nd June  
at 10:30am followed by  
burial at Hillview Cemetery,  
Welling.  
MAY SHE REST IN PEACE.**

**FURTHER DATES  
FOR YOUR DIARIES:**

**SATURDAY 5TH SEPTEMBER 2026  
MARCH FOR LIFE U. K.  
Around Westminster:**

***BREAKING NEWS:*  
14 BISHOPS WILL ATTEND  
this year including our own  
Archbishop John Wilson  
and Bishop Paul Hendricks.  
PLEASE COME AND JOIN THEM!!**

**PLEASE SEE THE  
MARCH FOR LIFE U. K.  
WEBSITE**

**SUNDAY 27TH SEPTEMBER  
INTERNATIONAL MASS at 10:30am  
in St Mary of the Crays,  
and PARISH CELEBRATION.**

6. SACRAMENTS OF HEALING:

**RECONCILIATION OR PENANCE**

*(Catechism of the Catholic Church 1486, 1497. Individual and integral confession of grave sins followed by absolution remains the only ordinary means of reconciliation with God and the Church)*

**By which sins after Baptism are forgiven**

The Fruits of the Sacrament are:

- Reconciliation with God: the penitent recovers sanctifying grace.
- Reconciliation with the Church.
- Remission of the eternal punishment incurred by mortal sins.
- Remission of, at least in part, of temporal punishment resulting in from sin.
- Peace and serenity of conscience, and spiritual consolation.
- An increase of spiritual strength for the Christian battle.

**Anointing of the Sick**

**By which a special grace is conferred during grave illness or old age.**

The fruits of the Sacrament are:

- Unity with the Passion of Christ, for the sick person's own good and that of the whole Church.
- Strength, peace, and courage to endure as a Christian the sufferings of illness or old age.
- **Forgiveness of sins, if the sick person was not able to obtain it through the Sacrament of Penance.**
- Restoration of health, if it is conducive to the salvation of the soul.
- Preparation for entering eternal life.



**Who may receive the Sacrament of the Anointing of the Sick?**

The Letter of St James (*see James 5: 13-16*) states that the sick are to be anointed in order to raise them up and save them great care and concern should be taken to see that those of the faithful whose health is seriously impaired by sickness or old age receive this sacrament.

A prudent or reasonably sure judgement, without scruple, is sufficient for deciding on the seriousness of an illness; if necessary a doctor may be consulted.

The sacrament may be repeated if the sick person recovers after being anointed and then again falls ill or if during the same illness the person's condition becomes more serious.

A sick person maybe anointed before surgery whenever a serious illness is the reason for the surgery.

Elderly people may be anointed if they have become notably weakened even though no serious illness is present.

Sick children may be anointed if they have sufficient use of reason to be strengthened by this sacrament.

In public and private catechesis, the faithful should be educated to ask for the sacrament of anointing and, as soon as the right time comes, to receive it with full faith and devotion. They are not to follow the wrongful practice of delaying the reception of the sacrament. All who care for the sick should be taught the meaning and purpose of the sacrament.

*(Taken from the Pastoral Care of the Sick, of the Roman Ritual, General Introduction: page 13)*

3.

**+ J. M. J. + JESUS, + MARY, and + JOSEPH +**  
**Newsletter Supplement: 7th June Anno Domini 2026**  
**THE MOST HOLY BODY AND BLOOD OF CHRIST:**

**“CORPUS CHRISTI” SUNDAY (A)**

**Pages: 83 - 87 in the Parish Mass Book**

*(Music in Parish Mass Book begins page 205,*

**Gloria: page 208, Preface Dialogue page 15,**

**Holy, holy /Sanctus page 16,**

**Mystery of Faith: “WHEN WE EAT THIS BREAD ...” page 17,**



**The Second Prayer of the Angel of Fatima 1916**

**MOST HOLY TRINITY**

**FATHER, SON AND HOLY SPIRIT**

**I adore Thee profoundly.**

**I offer Thee the most precious**

**BODY, BLOOD, SOUL AND**

**DIVINITY OF JESUS CHRIST,**

**present in all THE TABERNACLES**

**of the world, in reparation for**

**the outrages, sacrileges,**

**and indifferences**

**whereby He is offended.**

**And through the infinite merits of**

**HIS MOST SACRED HEART and the**

**IMMACULATE HEART OF MARY,**

**I beg of Thee the conversion of**

**poor sinners. Amen.**

**MOST HOLY TRINITY,**  
**I adore You!**  
**My God, my God,**  
**I love You in the**  
**MOST BLESSED SACRAMENT.**

**The Pardon Prayer of the Angel of Fatima 1916:**

**My God, I believe,**  
**I adore, I hope**  
**and I love You,**  
**and I beg pardon of You**  
**for those who do not believe,**  
**do not adore, do not hope**  
**and do not love You. Amen.**

